



J-M20157

Seat No. _____

First Year M. Sc. (Nursing) Examination

July / August – 2019

**Clinical Specialty - I
(Mental Health Nursing)**

Time : **3 Hours]**

[Total Marks : **75**

I Essays : **2×20=40**

- 1) (a) Define ECT. Explain the indications, **10**
contraindications and side effects of ECT.
- (b) Role of nurse in ECT care. **10**
- 2) (a) Define therapeutic communication and its process. **2**
- (b) Therapeutic impasses and management. **8**
- (c) Phases in therapeutic nurse patient relationship. **10**

II Write notes on: **7×5=35**

- 1) Standards of Mental Health Nursing
- 2) Relevance of yoga therapy
- 3) Explain psychoanalytic theory of Sigmund Freud
- 4) Psychological adaptation to stress
- 5) Steps to promote assertive behavior
- 6) Behavior therapy
- 7) Antidepressant drug.
